

WORKSHOP INVITATION

*Rolfing[®] and Trauma
Healing*

William Smythe, M.A.



JUNE 17TH TO JUNE 23RD 2019
AT CHÂTEAU DE ROCHEFORD

This workshop integrates **Rolfing**, **Interpersonal Neurobiology**, and **Somatic Psychology** to identify and resolve traumatic wounding. Students will learn how to “see” and perceive trauma in the body in order to facilitate the release of distressing memories, physical symptoms, and emotions.

“Rolfing works with both habit and trauma.”
– Dr. Ida P. Rolf

Presentation

We've all been traumatized, some more than others. It's only natural that you will discover traumatic wounding while providing Rolfing for your clients. The Structural Integration model we're trained in is excellent for relieving chronic structural problems but not enough to bring resolution to trauma symptoms.

These symptoms are frozen and deeply entangled in the primitive nervous system and when released can cause shaking, trembling, twisting and turning. On an emotional level there can be shame, despair, fear, helplessness, and/or hopelessness. Learning to be present for and managing these responses are essential in our clinical practice.

THROUGH THIS TRIAD OF APPROACHES YOU'LL LEARN HOW TO:

- Identify the signs of trauma and PTSD.
 - Work with explicit and implicit memory.
 - Reconnect the client with their inner resources.
 - Provide support, safety, and containment for your client.
 - Increase your spectrum of touch skills.
 - Resolve traumatic wounding through the Body and Mind.
 - Cultivate presence, timing, and rhythm in facilitating emotional healing.
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Information



The workshop will begin on June 17th and end on June 23rd

From 9am to 12pm and from 2pm to 6pm



Workshop fees for 6 days (3 days workshop, 1 day off, 3 days workshop)

Normal Price: CHF 1200

Early Bird: CHF 1100

(If you book before March 15th)



The workshop will be given in **English** with no translation possible.



With completion of the workshop you will gain **6 elective credits**.



At the heart of Allaman, a picturesque village in La Côte, **Château Rochefort** serenely watches over its estate's four hectares of vines.

Located near St-Livres on the north side of the famous Lake Geneva area surrounded by beautiful vineyards.



William Smythe, M.A., is a pioneer in the fields of Somatic Psychology and Rolfing® Structural Integration. He has practiced Rolfing since 1979, served as a Faculty Member of the Rolf Institute from 1990 to 2001, and received his master's degree in Somatic Psychology in 2007. Bill is a 5th-degree black belt in aikido and sensei of the Aikido Arts Center in Santa Fe, NM

Accommodation

Le Coq Chantant



Dormitory Room
100CHF

Double Room
120CHF

Single Room
160CHF

*Rate per day, breakfast and coffee breaks,
VAT included.*



Le Château de Rochefort



Small double Compostella room with
kitchenette
78.— per person

Suite Village, apartment with kitchen
(max 4 people)
CHF 98.— per person

Suite Château, apartment with
kitchen (max 6 people)
CHF 98.— per person

*Rate per day, breakfast and coffee breaks,
VAT included.*



Food & Drink



In Restaurants within walking distance: local, varied cuisine, also vegetarian cuisine.

Big supermarket within walking distance for self-cooking. the garden of Chateau Rochefort and the yard are ready for picnics.

The lakeshore is in a 10 minutes walking distance for swimming and picnics.

Conditions

PAYMENT INFORMATION

Workshop and hotel registration should be made before the end of March. Final confirmation from us will be done when the payment is made on the following account:

Anna Dorothea Neil-Raduner
Rue St-Laurent 5
1176 St-Livres

Bank: Caisse d'Epargne d'Aubonne CP 56, 1170 Aubonne
Clearing Bank: 8327 BIC RBABCH22CEA
IBAN: CH65 0832 7430 1817 4750 6

REGISTRATION

Please confirm your participation to Anna Neil-Raduner (neil-raduner@rolfing.ch) or per telephone (+41 79 691 55 29). Please do not forget to indicate your name, mobile phone, mailing address, and email address.

FINAL REGISTRATION WILL BE FIXED WHEN PAID.

- Cancellation fees: The following cancellation fees apply. Cancellation up to 6 weeks before start CHF 50 cancellation fee, up to 2 weeks before start 50% of the full tuition. Cancellation less than 2 weeks before start or no-show, 100% of the full tuition.

- We offer a cancellation insurance issued by our renowned partner Europäische Reiseversicherung. It covers your cancellation fees (except for a deductible of 20%) in case you are not able to attend the training due to significant events like illness, job loss, relocation. Please refer to the information for further details :

- A minimum number of participants is requested. If this minimum is not reached, classes can be canceled.

- Registration: I have read and agreed to the conditions above and hereby register for the Workshop with Bill Smythe in June 2019. In particular, I agree with the cancellation policy and have been made aware of the Europäische Reiseversicherung cancellation insurance.

Testimonials

"The Workshop was amazing.

You provided a really supportive environment in which we all felt safe to share our thoughts, feelings, and experiences. There was an incredible energy in the room; totally unforgettable.

Bill is truly inspiring...encouraging self-reflection and everyone's unique process of change. Without a doubt, for me (and I think for others present) it was about growth - learning how to give and receive. There were techniques presented, but this workshop was much more than just technique.

There were moments that will stay long in my memory. I came with expectations which were met and exceeded. I am still processing and reflecting upon what occurred and if the opportunity arises I will return eagerly."

-Michail Fogerty



"This workshop has been a watershed for me: firstly because I was so lucky to receive a session by Bill, which indeed changed my life. In addition to that I found enrichment and nourishment in the topics addressed and in exchanging experiences, ideas, and inspirations with my colleagues there. We have been a marvelous group. Thanks also to the hearty, respectful and caring assistance and organization by Anna.

About Bill: besides his competence and expertise, humor, and deep knowledge, he was there for each and every one of us (20!!!), bestowing all his energy with sincere generosity.

I am so thankful for that week in Allaman."

- Marzia



"All I can say at this point is that some kind of magic was created that helped each Rolfer get in touch with his/her inner strength and deep inner resources."

- Cheryl

Find Us

Le Coq Chantant in St Livres

By car: A1/E25/E62 Aubonne exit (follow IKEA sign). Continue into the centre of Aubonne, turn right towards Lavigny /Bière and follow the Route de vignoble. After 4 km, turn left to St-Livres.

By public transport: Swiss rail timetable information www.sbb.ch. Take a train to Morges or Etoy station and then continue to St-Livres by bus or by taxi.

By plane: Geneva airport. 35 minutes away from the airport, by car. Or take an SBB train.

Château Rochefort in Allaman

By car: A1/E25/E62 Aubonne exit (follow IKEA sign) and turn right and you will find the Château in the centre.

By train: Take a train to Allaman. www.sbb.ch

By plane: Geneva airport. 30 minutes away from airport, by car. Or take an SBB train.

Please choose your favorite place and room for your stay and Anna will try to find the ideal place for you to stay and will do the booking for you. For those of you who wish to stay at the Coq Chantant, it is best to have your own car to come from the Coq Chantant to the Chateau Rochefort where the workshop will be held (10 minutes away by car). If you have any questions, ask Anna!